

	<b>Montag</b>	<b>Montag</b>	<b>Dienstag</b>	<b>Dienstag</b>	<b>Mittwoch</b>	<b>Mittwoch</b>	<b>Donnerstag</b>	<b>Donnerstag</b>	<b>Freitag</b>	<b>Samstag</b>
	<i>Kurs 1</i>	<i>Kurs 2</i>	<i>Kurs 1</i>	<i>Kurs 2</i>			<i>Kurs 1</i>	<i>Kurs 2</i>		
7.30 - 8.25							<b>Faszien Pilates</b>			
8.00 - 8.55						<i>PT</i>			<i>Reformer/Cadillac*</i>	
8.30 - 9.25			<b>Pilates 1</b>		<b>Pilates 1</b>		<b>Pilates 1</b>		<i>PT</i>	
9.00 - 9.55						<i>PT</i>				
9.30 - 10.25			<b>Pilates 60+</b>		<i>Athletic P*</i>		<i>PT</i>		<i>PT</i>	<b>Reformer/Cadillac</b>
10.00 - 10.55						<i>PT</i>				
10.30 - 11.25			<b>Rücken P</b>				<b>Pilates 60+</b>		<i>PT</i>	
11.00 - 11.55										<i>Reformer/Cadillac*</i>
11.45 - 12.25			<i>Firmenkurs</i>				<i>Firmenkurs</i>			
12.00 - 12.55										
12.30 - 13.25							<i>PT</i>			
13.00 - 13.55										
14.00 - 14.55										
15.00 - 15.55	<i>PT</i>									
16:00 - 16:55	<i>PT</i>						<i>PT</i>			
17:00 - 17:55	<i>PT</i>		<b>Rücken P</b>		<i>PT</i>		<i>PT</i>		<i>Reformer/Cadillac*</i>	
18:00 - 18:55	<b>Rücken P</b>		<b>Pilates 1</b>		<i>PT</i>		<b>Pilates 1</b>	<b>Faszien Pilates</b>	<i>Reformer &amp; Barre*</i>	
19:00 - 19:55	<b>Athletic P</b>	<b>Pilates 1-2</b>	<b>Core Pilates</b>		<b>Pilates 1-2</b>		<b>Pilates 1-2</b>	<b>Athletic/Barre P</b>		
20:05 - 21:00		<b>Athletic P</b>	<b>Athletic P</b>		<b>Pilates 1</b>			<b>Faszien Pilates</b>		
21:05 - 22:00										

*\*auf Anfrage*